



Spinney Pre-School Intimate Care & Nappy Changing Procedure

Intimate care and nappy changing

Prime times of the day make the very best of routine opportunities to promote 'tuning-in' to the child emotionally and to create opportunities for learning. Nappy changing times are key times in the day for being close and promoting security as well as for communication, exploration, and learning.

During your child's time at Spinney Pre School, it may be necessary for a staff member to assist them when going to the toilet. This may be because they are in Nappies/Pull up's or because they may have an accident from time to time and need changing.

Your child may still be in nappies when they start pre-school therefore it will be necessary for a staff member to change your child's nappy.

All staff members and supply staff are DBS (Disclosure and Barring Service) checked by the Pre-School or other agencies and it is only these staff members that are allowed to change nappies or assist children when going to the toilet. At times the Pre-School will have Students/Trainees/Work placements, but none of these are authorised or allowed to perform any nappy changing or provide any assistance to a child within the Pre-School unless required by their course, they will be accompanied by a member of staff.

Young children – Intimate care Toileting

- Young children are usually changed within sight or hearing of other staff whilst maintaining their dignity and privacy at all times. Where the layout of the setting makes this difficult to achieve, the setting Supervisor completes a risk assessment to ensure that alternative arrangements are in place
- All members of staff are familiar with the hygiene procedures and carry these out when changing nappies.
- Changing areas are warm, appropriately sited and there are safe areas to lay young children if they need to have their bottoms cleaned. There are mobiles or other objects of interest to take the child's attention.
- If children refuse to lie down for nappy change, they can be changed whilst standing up, providing it is still possible to clean them effectively.
- Staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They are encouraged to wash their hands and have soap and paper towels to hand.
- Staff are gentle when changing and avoid pulling faces and making negative comment about the nappy contents.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies.

- Sometimes a child may have a sore bottom. This may have happened at home as a result of poor care; or the child may have eaten something that, when passed, created some soreness. The child also may be allergic to a product being used. This must be noted and discussed with the parent and a plan devised and agreed to help heal the soreness. If a medicated nappy cream such as Sudocrem is used, this must be recorded.
- Children use the toilet when needed and are encouraged to be independent.
- Members of staff do not wipe children's bottoms unless there is a need, or unless the child/Parent has asked.
- Parents are encouraged to provide enough changes of clothes for accidents when children are potty training.
- If spare clothes are kept by the setting, they are 'gender neutral' i.e. neutral colours, and are clean, in good condition and are in a range of appropriate sizes.
- If young children are left in wet or soiled nappies/pull-ups in the setting, this may constitute neglect and will be a disciplinary matter.
- Nappy changing is always done in an appropriate/designated area. Children are not changed in play areas or next to snack tables, this is for the dignity of the child and good hygiene practice.

This Policy was adopted at a meeting of the Pre-School held on (date)_____

Signed on behalf of the Pre-School_____